



Canadian Mental
Health Association
Elgin - Middlesex
Mental health for all

Now Integrated as CMHA Thames Valley Addiction and Mental Health Services

NEWS RELEASE

SERVICE UPDATE: Mental Health and Addictions Crisis Centre temporarily moving to 534 Queens Ave

LONDON, JUNE 4, 2021: Canadian Mental Health Association (CMHA), Elgin-Middlesex branch's Mental Health and Addictions Crisis Centre is temporarily relocating to 534 Queens Ave, effective **8:30 a.m. ET on Wednesday June 16**. As of this date and time, all in-person Crisis Centre supports will be available at CMHA Elgin-Middlesex's Queens Ave site for the next six to eight months. The Crisis Centre location on Huron Street will be inaccessible during this time.

"We thank our participants, their friends and families, and our community partners for their patience during this temporary relocation," said Lori Hassall, Director of Crisis Services, CMHA Elgin-Middlesex. "Our community can rest assured that the same quality services they've come to expect will still be available at our Queens Ave site during this period."

The Mental Health and Addictions Crisis Centre is a 24-7 walk-in service. Individuals can access walk-in supports when in crisis, feeling suicidal, or experiencing severe symptoms of mental illness, emotional trauma or substance withdrawal. The Crisis Centre is also the headquarters for CMHA Elgin-Middlesex's crisis response teams, the Community Outreach and Support Team (COAST), peer support, medical clinic and bereavement support team.

The organization will keep the public and its partners updated on any developments on the relocation through its website and social media. The community can find the latest news and links to social media accounts at www.cmhamiddlesex.ca.

Fast facts:

- In the past year, the Crisis Centre has received nearly 3,000 individuals through the walk-in service, drop-off or referrals.
- Over the past year, the Crisis Centre's Crisis Stabilization Space has supported more than 580 individuals.
- On average, 50% of individuals coming to the Crisis Centre are reaching out for mental health support for the first time.
- In addition to walk-ins, the Crisis Centre receives approximately 30 referrals a day from CMHA's community partner agencies, including emergency services, health care facilities, academic institutions, and community/social services.

About Canadian Mental Health Association, Elgin-Middlesex Branch

Canadian Mental Health Association (CMHA) Elgin-Middlesex, which has integrated with Addiction Services of Thames Valley and CMHA Oxford to form CMHA Thames Valley Addiction and Mental Health Services, provides community-based mental health services, housing supports, outreach and education through many locations across London, St. Thomas, Elgin County, Middlesex County, Strathroy, Exeter and



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Goderich. We promote mental wellness through responsive and innovative services and empower individuals on their recovery journey. For more information, please visit: www.cmhaelgin.ca or www.cmhamiddlesex.ca

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For an interview or for more information, please contact:

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